

## *Hillwalking Expedition Equipment List*



To be carried in your rucksack (Venture must have a rucksack, one with two shoulder straps and a waist strap)

→ *Clothes to be worn*

- ⌚ *Tracksuit Bottoms*
- ⌚ *Tee shirt (long sleeves are usually good)*
- ⌚ *Jumper (something warm, maybe a fleece)*
- ⌚ *Socks (it is a good idea to wear two pairs with hiking boots)*
- ⌚ *Hiking boots (preferably water proof) or strong shoes*

→ *Uniform*

- ⌚ *Kneckerchief*

→ *1 Complete changes of clothes*

- ⌚ *Socks*
- ⌚ *Tracksuit Bottoms*
- ⌚ *Underwear*
- ⌚ *Tee shirt*
- ⌚ *Jumper*

→ *Eating Utensils*

- ⌚ *Plate or bowl*
- ⌚ *Knife*
- ⌚ *Fork*
- ⌚ *Spoon*

→ *Raingear (Jacket and Trousers)*

→ *Karri Mat*

→ *Sleeping bag*

→ *Gaiters (optional)*

→ *Torch*

→ *Pyjamas*

→ *Toilet Paper (in a zip-lock bag)*

→ *Water bottles (scouts should have at least 2 litres of water with them)*

→ *Plastic Bags for any wet gear*

*It is usually best to leave phones and other electronics at home, as they could get lost, wet or damaged. But if they must be brought remember to place them in a zip-lock bag inside your rucksack.*

*Group Equipment which is divided amongst your expedition group of 4:*

- *Tents (One between two)*
- *Stove and Fuel*
- *Pots*
- *Food*
- *Emergency Shelter*
- *First Aid Kit*